

Bio-Data

Dr. PARDEEP KUMAR

V.P.O. : Shahpur

Distt. & Teh. Hisar

Haryana (125004)

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Objective:

To secure a good position in the Industry which enables me to utilize my skills in a challenging environment and where there is a high level of learning to make best use of my skills and abilities.

Educational Qualification:

- 10th from National open school , Delhi (NOS)
- 12th from Haryana Board of School Education, Bhiwani
- B.A. from KUK, Kurukshetra

Academic Qualification:

- B.P.Ed. from C.D.L.U. Sirsa with 68% marks.
- M.P.Ed. from C.D.L.U. Sirsa with 72% marks.
- M.Phil. from C.D.L.U. Sirsa with 69.4% marks. (A, Grade)
- Ph.D from University of Delhi
- B.Ed. from KUK, Kurukshetra with 55% marks.
- HTET Qualify in physical education
- NET Qualify in physical education (December-2014)

Ph.d Research Work Topic :

“Effect of resistance exercise on kabaddi and wrestling player inter college championship ”

Paper presented

1.International 2

2 National 3

Paper Published 3

Teaching Experience:

- one year teaching experience as assistant professor Guru kasha university talwandi sabo.
- Two years teaching experience as assistant professor in Dayanand college,Hisar

Sports Achievements:

- All India interuniversity participates in Football, Meerut.
- state championship participates in footbal, Hisar
- Inter university participate in badminton.

Discipline:

Physical Education, Badminton, footbal.

Knowledge of Games:

Kabaddi, Badminton, Football, Basketball, Swimming,Handball, Volleyball, Wrestling, Cricket, Athletics, Aerobics exercise. Recreational activity etc.

Strengths:

Confident, Hard working nature, Positive attitude, Good Communication skill.

Hobbies :

Books reading, Games

Personal Details:

Name	: Pardeep kumar
Father's name	: Sh. Satbir Singh
Date of Birth	: 10/01/1989
Gender	: Male
Marital Status	: Married
Nationality	: Indian

Language Known : Hindi & English