

# Dr. Renu Rathee



- Date of Birth : 10<sup>th</sup> April, 1967
- Gender : Female
- Nationality : Indian
- Correspondence Address : Dr. Renu Rathee  
739, PLA, Hisar -125001  
Haryana (India)
- E-mail address : drrenurathee@gmail.com
- Educational Qualification :

| Sr.No. | Degree                                | Year of Passing | Division        | University                 | Subject        |
|--------|---------------------------------------|-----------------|-----------------|----------------------------|----------------|
| 1.     | B.A. (Hon's)                          | 1986            | 1 <sup>st</sup> | M.D. University,<br>Rohtak | Psychology     |
| 2.     | M.A.                                  | 1989            | 1 <sup>st</sup> | M.D. University,<br>Rohtak | Psychology     |
| 3.     | Ph.D                                  | 1999            | --              | M.D. University,<br>Rohtak | Psychology     |
| 4.     | P.G. Diploma<br>C & B<br>Modification | 2008            | --              | GJUS&T, Hisar              | Diploma<br>CBM |

## **Title of Dissertation :**

- I. Dissertation entitled, “Role of imagery in paired associate recall” submitted to M.D. University, Rohtak in partial fulfillment of degree of M.A. (Psychology) in the year 1986.
- II. Dissertation entitled , “Mood induction and helping behavior” submitted to M.D. University, Rohtak in partial fulfillment of degree of M.A. (Psychology) in the year 1989.
- III. Dissertation entitled , “Power and approval motives involved in help giving” submitted to M.D. University, Rohtak in partial fulfillment of degree of M.A. (Psychology) in the year 1999.
- IV. Dissertation entitled , “A study of relationship between altruism & self efficacy in adolescent” submitted to GJUS&T, Hisar for the degree of P.G. Diploma in Counselling & Behaviors Modification in the year 2008.

## **Awards / Fellowships**

Awarded U.G.C. Fellowship under “Junior Research Project” during PhDs Degree (1996-1999).

## **Members of Scientific Societies / Others**

- Life Member, Haryana Psychological Association
- Member in IQAC, Dayanand College, Hisar.
- Incharge Commerce Department, Dayanand College, Hisar
- Member, College Executive Committee
- Member, College Disciplinary Committee
- Member, College Sports Committee
- Member, College Cultural Committee
- Member, Departmental Purchase Committee
- Co-convener of College Women Cell
- Member of Anti -ranging Cell
- Member of Research Development Committee
- ~~Member of Grievances and Redresal Cell~~

# Publications

1. Renu (1986). Role of imagery in paired associate recall. Dissertation submitted to M.D. University , Rohtak in partial fulfillment of degree of B.A. Hon's (Psychology).
2. Rathee R. (1989) Mood induction and helping behaviour. Dissertation submitted to M.D. University, Rohtak in partial fulfillment of degree of M.A. Psychology.
3. Rathee R. & Walia M. (1990). Role of imagery in paired associate recall. Experiments in Education. 18(11):275-283.
4. Khanna R. & Rathee R. (1992). Altruism, Mood and help to Drug Addicts. Journal of Personality and Clinical Studies. 8(1):23-26.
5. Sumeera, Batra P. & Rathee R. (1997). High temperature and physical task performances. In proceedings of "National Seminar of Environmental Psychology" held at M.D. University, Rohtak (24-26 Oct., 1997).

6. Rathee R. (1999). Power and approval motive involved in help giving  
Dissertation submitted M.D. University, Rohtak for the degree of Ph.D in  
Psychology.
7. Rathee R. (2008). A study of relationship between altruism and self efficacy  
in adolescent. Dissertation submitted to GJUS&T, Hisar for the degree of  
P.G. Diploma in Counselling & Behaviour Modification.
8. Rathee R. & Singh S. (2010). Altruism and Self Efficacy in adolescent  
Praachi Journal of Psycho-Cultural Dimensions.26(2): 162-167.
9. Rathee R. and Sharma S. (2012). Self efficacy and General Well-Being of  
adolescent. 28(1): 46-50.
10. Rathe R. (2015). Self Esteem and Academic Achievements. Journal of  
Global Research and Analysis . 4(2): 204-206.

## **Training / Seminars / Conferences Attended**

1. Attended four weeks orientation course, “Faculty Development Programme in Educational Technology” organized by Directorate of Human Resource Management held at CCS Haryana Agricultural University, Hisar from May. 5, to Jun. 2, 1999.
2. Participated in three weeks, “Refresher Courses In Psychology” organized by U.G.C. Govt. of India held at KU, Kurukshetra from 03-23 mar.,2000.
3. Attended three weeks refresher course in psychology entitled, “Research Methodology” organized by U.G.C. Govt. of India held at KU Kurukshetra from 19 Dec.-07 Jan.,2006.
4. Attended three weeks refresher course in psychology entitled, “Current Perspective & Future Directions” organized by U.G.C. Govt. of India held at Govt. Girls College, Rohtak from 10-30 may,2008.
5. Attended two days conference organized by Indian Psychiatric Society at CCS HAU, Hisar from 20-21 Dec.,2003.
6. Attended conference entitled , “Higher Education in Haryana” sponsored by U.G.C. Govt. of India held at D.N. College, Hisar from 26-27 Feb.,2008.

7. Participated in seminar on “Future of Communist movement in India” sponsored by U.G.C. Govt of India held at D.N. College, Hisar from 26-27 Feb.,2008.
8. Attended national on “Stress: Consequences and Management” sponsored by Higher Education Commission, Govt. of Haryana held at Govt. College , Hisar from 21-22 Jan.,2009.
9. Attended national workshop on “Research Methodology in Management” sponsored by UGC Govt. of India held at CDLU, Sirsa from 12-13 Dec.,2009.
10. Attended IXth Annual Conference on “Drug Menace a Silent Killer” organized by Indian Psychiatric Society, NZ held at Sirsa from 30-31 Oct.,2010.
11. Attended Workshop on “Stress Management” organized by KM College of Education, Bhiwani on 16 Jan.,2010.
12. Attended two days National Seminars on “Psychology: Trend & Directions” sponsored by HEC Haryana held at BLJS College, Tosham from 22-23 Jan.,2010.

13. Attended & Presented a paper on “Role Of Society Towards Youth” in National Seminar on Youth Development organized by Higher Education at Govt. College for Women, Hisar on 15 Oct.,2010.
14. Attended & presented two paper at National Conference on quality assurance Higher Education sponsored by Higher Education Commissioner Haryana on topic “Lack of Motivation In Students” held at BLJS College, Tosham from 14-15 Jan.,2011.
15. Attended & presented a paper in National Seminar sponsored by UGC on “Human Rights” held at DN College, Hisar. Feb.12,2011.
16. Attended & presented a paper in National Seminar on “Environmental Degradation: Issues and remedies” sponsored by HEC Haryana, topic Climate Change and its impact on individual behaviour. Feb.11,2011.
17. Attended & presented a paper in National Seminar on “Women Empowerment: Issues & Challenges” sponsored by UGC held at CRM Jat College, Hisar on Jan.29,2011.
18. Attended & presented a paper in National Seminar on “HIV/AIDS Increasing Education & Awareness” at CRM Jat College, Hisar on Jan.29,2011.



19. Attended & presented a paper in International Conference on “Science Spirituality & Humanity: Transcending Discipline Barriers” organized by Shivaji College University, Delhi in collaboration with NIDM, Ministry of Home Affairs, Govt. of India & IASR at New Delhi on 17<sup>th</sup> to 19<sup>th</sup> Feb.,2011.
20. Attended & presented a paper in National Seminar on Psychological Antecedents and Moderator of Environment sponsored by UGC, Topic “Harmful Effects of Psychological Pollution” at BLJS college, Tosham on Mar.10-12,2011.
21. Attended & presented a paper in National Seminar on Role of women in freedom of India topic “Contribution of Annie Basant in Freedom Struggle of India” at DN College, Hisar on Mar.08-09,2011.
22. Chaired a Scientific Session on New Horizon in Social Sciences Research organized by Indian Association of Health, Research and Welfare & Centre for Behavioural Research & International, GJUS&T, Hisar on Nov.25-26,2011.
23. Attended & presented a paper in National Seminar on “Environmental Degradation” sponsored by Director General Higher Education at DN College, Hisar on Feb.28,2012.

24. Attended & presented a paper in National Conference on “Yoga to Fight Stress” sponsored by Director of Higher Education at DN College, Hisar on Mar.29-31,2013.
25. Attended one day National Workshop on “Preventing Crime, A Psycho-Social Perspective” organized by Department of Applied Psychology, GJUS&T, Hisar on 21<sup>ST</sup> Jan.,2014.
26. Attended & presented a paper in National Conference on “Contribution Of Swami Vivekananda to Hindu Society” sponsored by Director General Of Higher Education held at DN College, Hisar on Mar.28-29,2014.
27. Attended & presented a paper in National Seminar on “Undesirable Behaviour of Students: A Challenge in Higher Education” sponsored by Director Of Higher Education held at GMN PG College, Ambala Cant. On Nov.04-05,2015.

- **Dr. Renu Rathee**

**Organized:-**

- Talk on positive mental health seminar 2020-21
- Extension Lecture on 6.05. 2022.
- One day workshop for Teaching faculty in collaboration with Department of Music on "Mental Health and Music" 2022-23.

**Attended:-**

- International Webinar on stress and anxiety in the family during Covid -19 on 21 June 2020.
- Online Faculty development programme on E – Content : design , development and deliver on 21.07.2020 to 25.07.2020.
- National workshop on human values and professional ethic on 16-18 March 2021.
- International Workshop on mental health and well being – psychological intervention feb.8 to feb.12 , 2021.
- National workshop on 'Alternative therapies for physical and mental fitness' on 22 & 23 feb. 2021
- Three days online seminar on yoga for mind and nutrition for the body on 27june 2022 to 29june 2022