

Smt. Aruna Kad



- Date of Birth : 19/03/1965
- Gender : Female
- Nationality : Indian
- Correspondence Address : 6-B, Aggarsain Colony
Ghora Farm Road,
Hisar -125001
Haryana (India)
- E-mail address : arunaranikad@gmail.com
- Educational Qualification

Sr.No	Degree	Year of Passing	Division	University	Subject
1.	BA with Hons. In Psychology	1984	1st	KUK	Psychology
2	M.A	1986	1st	KUK	Psychology

3	M.Phill	1987	1st	KUK	Psychology
4	Post Graduate diploma	2020	1st	GJU	Counseling and behavior modificatio n
5	Pursuing Ph.D.			GJU	Psychology

Members of Scientific Societies / Others

Member of UG Boards of Studies in Psychology at Guru Jambheshwar University, Hisar.

Orientation/Refresher Training/ Courses Attended

- Attended orientation course organized by Academic Staff of College (KUK) held on Dec.21,1991- Jan.17,1992.
- Attended Refresher Course in Environmental Study organized by Academic Staff of Himachal Pradesh University, Shimla. Held on Dec.11-30,1995.
- Attended Refresher Courses sponsored by UGC KUK held at Kurukshetra on 18/12/1997 – 07/01/1998.
- Attended The Refresher Courses on “Women’s Cell Coordination for College” Sponsored by DHE, Haryana & Organized by Women’s Study Research Centre, on Jan.07-08,2002.

Conferences/Workshops Attended at National Level

1. Attended the State Level Workshop on Planning & Management of Women's Cells from 20/12/1997 to 23/12/1997 organized by the Women's Study Research Centre, Kurukshetra University in collaboration with Higher Education Haryana.
2. Attended The Refresher Courses on "Women's Studies" Sponsored by DHE, Haryana & Organized by Women's Study Research Centre, KUK held on Jan.1, 1999.
3. Participated in "The Legal Literacy Workshop" held at Kurukshetra University, Kurukshetra organized by Women's Study Research Centre KUK on Oct.10, 2000.
4. Attended National Conference on "New Frontier in Physics" held at DN College, Hisar on Mar.,2013.

5. Presented Paper on “Psycho-Physics” in National Conference held at DN College, Hisar on Mar.,2013.
6. Attended National Workshop on “Preventing Crime: A Psycho-Social Perspective” organized by Department of Applied Psychology held at Guru Jambheshwer University of Science & Technology, Hisar on Jan.21,2014.
7. Attended & presented a paper in National Conference on “Contribution Of Swami Vivekananda to Hindu Society” sponsored by Director General Of Higher Education held at DN College, Hisar on Mar.28-29,2014.

- **Mrs. Aruna Kad**

Organized:-

- Talk on positive mental health seminar 2020-21
- International Workshop on mental health and well being – psychological intervention feb. 8 to feb.12 , 2021.
- Extension Lecture on 6.05. 2022.
- Seminar on Gurunanak Dev Ji and Humanity on 07.11.2022.
- One day workshop for Teaching faculty in collaboration with Department of Music on "Mental Health and Music" 2022-23.

Attended:-

- National workshop on 'Alternative therapies for physical and mental fitness' on 22 & 23 feb. 2021.
- Three days online seminar on yoga for mind and nutrition for the body on 27june 2022 to 29june 2022.

Paper Presented:-

- Presented Scientific Paper entitled 'Cyber Gossip and its relationship with suicidal ideation among late adolescents' during the 56 national and 25th international conference of IAAP held during 18th feb. to 20th feb. 2021.