

B.A.-1 Psychology (Pass Course) 1st Semester
PSY – 101: Introduction to Psychology

Maximum Marks: 70
External Assessment: 50
Internal Assessment: 20
Time: 3 Hours

Note: -

1. The question paper will consist of **nine** questions. The candidate shall attempt five questions in all. The Question No. 1 will be **compulsory**. The Candidate shall attempt four more questions selecting at least one from each Unit. The paper will carry 70 marks out of which 20 marks will be earmarked for internal assessment.
2. The **Compulsory Question No.1** will be short answer type questions containing ten questions of equal marks (i.e., 1 mark each) spread over the whole syllabus. Other questions will carry the 10 marks each.

UNIT-I
Psychology: History, Emergence as Science, Subject Matter. Methods of Psychology: Experimental, Observation, Survey.
UNIT-II
Sensory Processes: Visual, Auditory – Structure and Functions of Eye and Ear. Perception: Nature, Perception of form – Figure and Ground, Perceptual Organization, Depth Perception–Cues.
UNIT-III
Emotion: Nature, Bodily Changes. Theories of Emotion: James-Lange, Cannon-Bard and Schachter–Singer. Motivation: Nature, Biological and Psychological Motives.
UNIT-IV
Personality: Nature, Determinants of Personality, Type and Trait Approach. Intelligence: Nature, Theories: Spearman, Thurstone, and Cattell.

References:

- Atkinson, R.L., Atkinson, R.L, et al. (1985) *Introduction to Psychology*. N. Y.: HBJ Publishers.
- Singh, A.K. (2009) *Uchattar Samanaya Manovigyan*. Delhi: Moti Lal Banarsidas.
- Singh, A. & Singh, U. (1984). *Prayogatamak Manovigyan*. Bhiwani: Vedic Prakashan.
- Singh, R. & Shyam, R. (2008) *Adhunik Sangyanatmak Manovigyan*. Panchkula: Haryana Sahitya Akadami.

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B.A.-1 Psychology (Pass Course) 1st Semester
PSY (P) – 101: Practical

Maximum Marks: 30

Time: 3 Hours

1. EPQ/EPI
2. Retinal color zones/Color Blindness
3. Sound Localization
4. Study of emotions.
5. Simple reaction time
6. Verbal Test of Intelligence.
7. Performance Test of Intelligence/RPM.
8. Observation (Speed & accuracy)
9. Experiment on form perception/Depth Perception
10. Test of Motivation.

Note: Students are to conduct and report at least 6(six) practicals. The examiner will allot one practical at the time of examination.

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B.A.-1 Psychology (Pass Course) 2nd Semester

PSY – 102: Experimental Psychology

Maximum Marks: 70

External Assessment: 50

Internal Assessment: 20

Time: 3 Hours

Note: -

1. The question paper will consist of **nine** questions. The candidate shall attempt **five** questions in all. The Question No. 1 will be **compulsory**. The Candidate shall attempt four more questions selecting at least one from each Unit. The paper will carry 70 marks out of which 20 marks will be earmarked for internal assessment.
2. The **Compulsory Question No.1** will be short answer type questions containing **ten** questions of equal marks (i.e., 1 mark each) spread over the whole syllabus. Other questions will carry the 10 marks each.

UNIT-I

Attention: Nature, Characteristics, and Types.

Psychophysics: Problems of Psychophysics and Methods (Classical).

UNIT-II

Learning: Definition, Factors affecting, Trial and Error Learning, Insight Learning, Classical and Operant Conditioning

UNIT-III

Memory: Definition, Stages, STM and LTM – Methods to Study Memory.

Forgetting: Factors Leading to Forgetting, Pneomonics

UNIT-IV

Problem Solving: Stages of Problem Solving, Convergent and Divergent thinking.

Statistics: Frequency Distribution, Graphical Presentation of Data, Measures of Central Tendencies.

References:

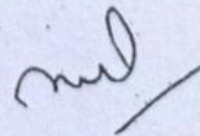
Atkinson, R.L., Atkinson, R.L, et al. (1985) *Introduction to Psychology*. N. Y.: HBJ Publishers.

D' Amato, M.R. (2001) *Experimental Psychology: Methodology, Psychophysics and Learning*. New Delhi: McGraw Hill.

Singh, A.K. (2009) *Uchattar Samanaya Manovigyan*. Delhi: Moti Lal Banarsidas.

Singh, A. & Singh, U. (1984). *Prayogatamak Manovigyan*. Bhiwani: Vedic Prakashan.

Singh, R. & Shyam, R. (2008) *Adhunik Sangyanatmak Manovigyan*. Panchkula: Haryana Sahitya Akadami.



B.A.-1 Psychology (Pass Course) 2nd Semester
PSY (P) – 102: Practical

Maximum Marks: 30

Time: 3 Hours

1. Serial Position Effect.
2. Experiment on STM
3. Experiment on LTM
4. Retroactive Inhibition
5. AL by method of constant stimuli
6. DL by method of limits.
7. Muller-Lyre Illusion
8. Problem Solving
9. Bilateral Transfer of Training/ Maze Learning
10. Span of Attention.

Note: Students are to conduct and report at least 6(six) practicals. The examiner will allot one practical at the time of examination.

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B.A.-2 Psychology (Pass Course) 3rd Semester
PSY – 201: Social Psychology

Maximum Marks: 70
External Assessment: 50
Internal Assessment: 20
Time: 3 Hours

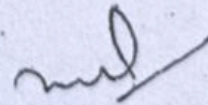
Note: -

1. The question paper will consist of nine questions. The candidate shall attempt five questions in all. The Question No. 1 will be compulsory. The Candidate shall attempt four more questions selecting at least one from each Unit. The paper will carry 70 marks out of which 20 marks will be earmarked for internal assessment.
2. The Compulsory Question No.1 will be short answer type questions containing ten questions of equal marks (i.e., 1 mark each) spread over the whole syllabus. Other questions will carry the 10 marks each.

UNIT-I
Introduction: Nature, Subject Matter, Sociometric Method. Socialization: Nature, Process and Agents of Socialization
UNIT-II
Group: Types and Functions; Social Norms: Meaning, Characteristics and Formation. Leadership: Types, Function, Theories – Trait, Situational, and Interactional.
UNIT-III
Attitudes: Characteristics, Development and Attitude change Prejudice: Nature, Development and Stereotypes.
UNIT-IV
Prosocial Behaviour: Nature, Determinants, Cognitive Model. Aggression: Nature, Determinants and Prevention.

References:

- Baron, R.A. and Byrne, D. (2008) *Samajik Manovigyan (Hindi Sanskaran)*. Delhi: Pearson.
- Chaube S.P. (1985) *Social Psychology*. Agra: Educational Publishers.
- Perlman, D. and Cozby, P.C. (1983). *Social Psychology*. New York: CBS College Publishing.
- Rai, B.C. (1989) *Social Psychology*. Delhi: Sultan Pub.
- Singh, A.K. (2009). *Samaj Manovigyan ki Rooprekha*. Delhi: Moti Lal Banarsidas.



B.A.-2 Psychology (Pass Course) 3rd Semester
PSY (P) – 201: Practical

Maximum Marks: 30

Time: 3 Hours

1. Sociometry
2. Measurement of Attitude
3. Altruism Scale
4. Stereotypes
5. Anger Expression/Aggression Scale
6. Prejudice Scale
7. Leadership Styles
8. Social Facilitation
9. Rosenwig's P.F. Test/Norm formation
10. Social Conformity

Note: Students are to conduct and report at least 6(six) practicals. The examiner will allot one practical at the time of examination.

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B.A.-2 Psychology (Pass Course) 4th Semester

PSY – 202: Developmental Psychology

Maximum Marks: 70
External Assessment: 50
Internal Assessment: 20
Time: 3 Hours

Note: -

1. The question paper will consist of nine questions. The candidate shall attempt five questions in all. The Question No. 1 will be compulsory. The Candidate shall attempt four more questions selecting at least one from each Unit. The paper will carry 70 marks out of which 20 marks will be earmarked for internal assessment.
2. The Compulsory Question No.1 will be short answer type questions containing ten questions of equal marks (i.e., 1 mark each) spread over the whole syllabus. Other questions will carry the 10 marks each.

UNIT-I

Human Development; Concept and Principles Factors in Human Development; Biological, Social and Cultural

UNIT-II

Prenatal Development, Determinants and Stages.
Infancy: Characteristics, Hazards and Adjustment.

UNIT-III

Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development.
Adoloscents: Characteristics and Problems of Adoloscents and Adjustment.

UNIT-IV

Adulthood: Early Adulthood, Late adulthood and Aging-Changing Patterns and Problems.
Measures of Variability: Quartile Deviation, Standard Deviation.

References:

- Berk, L.E. (2004). *Development Through the Life Span*. Delhi: Pearson Education.
- Hurlock, E.B. (2001) *Developmental Psychology: A life-span approach*. New Delhi: Tata McGraw Hill.
- Lal, J.N., & Srivasstava, A. (2001) *Modern Developmental Psychology*. Agra: Vinod Pustak Bhandar.
- Sheffer, D.R. & Katherine, K. (2007). *Developmental Psychology: Childhood and Adolescence* NewYork: Thomson Wadsworth.
- Santrock, J.W. (1997). *Life Span Development*. Dubuque: Brown and Benchmark.
- Singh, R. & Shyam, R. (2008) *Comprehensive Statistics for Behavioural Sciences (in Hindi)*. Sanjay Prakashan, Delhi.

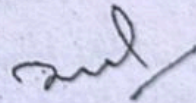
B.A.-1 Psychology (Pass Course) 4th Semester
PSY (P) – 202: Practical

Maximum Marks: 30

Time: 3 Hours

1. Cognitive Development
2. Emotional Maturity Scale
3. Parent-Child Relationship
4. Self Concept
5. Youth Problem Inventory
6. Self Esteem Inventory
7. Study of values
8. Family Environment Inventory
9. Impulsiveness Scale
10. Case Study

Note: Students are to conduct and report at least 6(six) practicals. The examiner will allot one practical at the time of examination.



B.A.-3 Psychology (Pass Course) 5th Semester

PSY – 301: Psychopathology

Maximum Marks: 70
External Assessment: 50
Internal Assessment: 20
Time: 3 Hours

Note: -

1. The question paper will consist of **nine** questions. The candidate shall attempt **five** questions in all. The Question No. 1 will be **compulsory**. The Candidate shall attempt four more questions selecting at least one from each Unit. The paper will carry 70 marks out of which 20 marks will be earmarked for internal assessment.
2. The **Compulsory Question No.1** will be short answer type questions containing ten questions of equal marks (i.e., 1 mark each) spread over the whole syllabus. Other questions will carry the 10 marks each.

UNIT-I
Concept of Normality and abnormality. Models of Psychopathology: Biological, Psychodynamic, Behavioural, and Cognitive.
UNIT-II
Classification of Psychopathology: Need for Classification, DSM System. Diagnostic Assessment: Case History, Interview, Projective Techniques.
UNIT-III
Anxiety Based Disorders: GAD, OCD, and Phobic Disorders-Symptom and Causes. Substance/Drug Abuse – Causes, Consequences and Rehabilitation.
UNIT-IV
Mood Disorders: Unipolar and Bipolar-Symptoms and Causes. Schizophrenia: Nature, Types, and Causes.

References:

- Anand, V. and Srivastava, R. (2003). *Manovikriti Vigyan*, Delhi: Moti Lal Banarsi Das.
- Carson, R.C.; Butcher, J.N., et al. (2007). *Abnormal Psychology*. (13th Ed.) New Delhi: Pearson Education.
- Davison, G.C. & Neale, J.M. (1998). *Abnormal Psychology* (7th Ed.) New York: Willy.
- Sarason, I.G. and Sarason, B.R. (2005). *Abnormal Psychology: The Problem of Maladaptive Behaviour* (10th Ed.) New Delhi: Pearson Education Inc.
- Singh, A.K. (2006). *Adhunik Asamanya Manovigyan*, Delhi: Moti Lal Banarasi Das.
- Srivastava, D.N. (1991) *Adhunik Asamanya Manovigyan* (6th Ed.) Agra: Sahitya.

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B.A.-1 Psychology (Pass Course) 5th Semester
PSY (P) – 301: Practical

Maximum Marks: 30

Time: 3 Hours

1. Clinical Interview
2. CAQ
3. TAT
4. WAT
5. Depression Inventory
6. Anxiety Scale
7. WAIS
8. Emotional Intelligence
9. PGI Memory Scale
10. DMI

Note: Students are to conduct and report at least 6(six) practicals. The examiner will allot one practical at the time of examination.

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B.A.-3 Psychology (Pass Course) 6th Semester
PSY – 302: Applied Psychology

Maximum Marks: 70
External Assessment: 50
Internal Assessment: 20
Time: 3 Hours

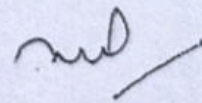
Note: -

1. The question paper will consist of **nine** questions. The candidate shall attempt five questions in all. The Question No. 1 will be **compulsory**. The Candidate shall attempt four more questions selecting at least one from each Unit. The paper will carry 70 marks out of which 20 marks will be earmarked for internal assessment.
2. The Compulsory Question No.1 will be short answer type questions containing ten questions of equal marks (i.e., 1 mark each) spread over the whole syllabus. Other questions will carry the 10 marks each.

UNIT-I
Applied Psychology: Meaning, History, Fields, and Careers in Psychology. Organizational Psychology: Nature, Scope, Objectives, and Development.
UNIT-II
Guidance: Objectives, Principles, Types of Guidance, Organization of Guidance Programme. Counselling: Need, Principles, Special Areas, and Types of Counselling.
UNIT-III
Health Psychology: Meaning, Scope and Objectives, Concept of Health and Illness. Psychological Factors in Physical Illness, Life Style and Health, Stress and Coping.
UNIT-IV
Forensic Psychology. Psychology and Law, Eyewitness Memory; Accuracy and Improvement. Statistics: Correlation- Meaning, Rank Difference, and Product Moment Method.

References:

- Annastasi, A (1979) *Fields of Applied Psychology* (2nd ed.) U.S.A.: McGraw. Hill.
- Garrett, H.E. (2005) *Statistics in Psychology and Education*. Delhi: Paragon Ind. Pub.
- ✓ Goldstem, A.P.; Krasner, L. (1989) *Modern Applied Psychology*. New York: Pergamon Press.
- ✓ Rao, S.N. (2004). *Guidance and Counselling*. New Delhi: Discovery Publishing House.
- Taylor, S.E. (2006) *Health Psychology* (6th ed.) Delhi: Tata McGraw Hill.
- Verma, R.S., Singh, S., & Sharma, D. (1982). *Vayavaharik Manovigyan*. Agra: Vinod Pustak Mandir.



B.A.-1 Psychology (Pass Course) 6th Semester
PSY (P) – 302: Practical

Maximum Marks: 30

Time: 3 Hours

1. Stress Scale
2. Coping Styles/Wellbeing Scale
3. General Health Questionnaire
4. Life Style Schedule
5. Aptitude Scale
6. Interest Inventory
7. Job Satisfaction
8. Counselling Need Inventory
9. Job Stress Scale
10. Healthiness Scale/Adjustment Inventory

Note: Students are to conduct and report at least 6(six) practicals. The examiner will allot one practical at the time of examination.

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